

# **Best Friends Foundation Dating Violence Prevention Seminar**

# **Stop the silence. Prevent the violence.**

**40% of teenage girls know someone their age  
who has been hit or beaten by their partner.<sup>1</sup>**



.1. Mary, By. "Dating Violence Is a Serious Threat to Teen Girls." *By Parents For Parents*. Web. 27 Sept. 2010. <<http://www.byparents-forparents.com/parenting/dating-violence-is-a-serious-threat-to-teen-girls.htm>>

*24 Years of Serving Youth*

## **BEST FRIENDS FOUNDATION**

*Featuring Diamond Girl Leadership and Best Men Leadership Programs*

5335 Wisconsin Ave., NW, Suite 440 • Washington, DC 20015 • (202) 478-9677 • [www.bestfriendsfoundation.org](http://www.bestfriendsfoundation.org)



“The friendships, lessons and morals that I have gained simply from being a part of this program are things that I will cherish throughout my life. I can apply all that I have learned and make the best possible choices.”



*Ada Carr, Senior, School Without Walls*

“I learned a lot. Not just about marriage and relationships, but life itself. Now, you’ve got friends – use them. They will help you.”



*DeAngelo Anderson, Senior,  
McKinley Technology High School*

"Just 2 years ago inside I was angry and had a lot of hatred. I used to hide it. I learned how to be a happier person, a better person. This is only my second year, I learned a lot. I'll never forget how I changed."

*Nathan DuPree, Sophomore,  
McKinley Technology High School*



“Now I am doing something with my life. This program is about becoming part of a network. Take this as your life lesson.”

*Cameron Harris, Senior, McKinley Technology High School*





BEST FRIENDS FOR THE BEST FUTURE



"Challenging boys to become men worthy of respect."

## Welcome to the Best Friends Foundation Seminar

Since 1987 the Best Friends model has been implemented in over 150 schools in Washington DC and across the nation. Our staff has taken great pride in the fact that research on the Best Friends/Best Men program has demonstrated significant reduction in risk behavior and increased positive peer relationships. However we are alarmed at the recent resurgence of sexual activity, drug use and violence among pre-teens and teens. In response to the current epidemic of teen violence and abuse the Best Friends Foundation has developed this **Dating Violence Prevention Seminar: "Stop the Silence. Prevent the Violence."**

The Best Friends Foundation is a recipient of the US Department of Health and Human Services (HHS) Healthy Marriage/Healthy Relationships grant for high school youth. An important component of the grant is the focus on teen violence and abuse in intimate relationships. We would like expand our program to offer our HHS approved curriculum and Violence and Abuse Prevention Protocol to more students and teachers in the Washington, DC metropolitan area.

It is estimated that almost 30% of youth in the United States are involved in bullying and abuse as either a perpetrator or a target. In addition, one out of every ten high school students has been a victim of dating violence. Adolescents involved in violence and abuse tend to get in trouble more often and do poorly in school than youth who do not experience such behavior. They are also more likely to fight, drink, use drugs and smoke than their peers.

The Seminar agenda includes a performance of the **"Yellow Dress"** by Deana's Educational Theater and a presentation by Best Friends Foundation Leadership students entitled **"Make Music Not Madness"** which promotes positive peer relationships through music and dance. The performances will be followed by a question and answer period with Dr. Robert DuPont a graduate of the Harvard Medical School and a nationally recognized expert on the treatment of addiction and substance abuse. Dr. DuPont is the founding president of the Institute for Behavior and Health.

If you have any questions regarding additional Best Friends Foundation seminars on your school campus, please contact either Pauline Hamlette at 202-478-9683 or by email at [phamlette@bestfriendsfoundation.org](mailto:phamlette@bestfriendsfoundation.org) or me at [ebennett@bestfriendsfoundation.org](mailto:ebennett@bestfriendsfoundation.org) or at 202-478-9677 for more information.

With best wishes for the best future for our youth,

Elayne Bennett  
President and Founder

### Best Friends Foundation

Featuring Best Friends, Best Men, Diamond Girl Leadership and Best Men Leadership Programs

5335 Wisconsin Avenue, N.W., Suite 440 • Washington, DC 20015

202.478.9677 • Fax: 202.478.9678

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**BEST FRIENDS FOUNDATION**  
 Dating Violence Prevention Seminar  
 February 26, 2011

**‘STOP THE SILENCE PREVENT THE VIOLENCE’**

SATURDAY, FEBRUARY 26, 2011		Location	
9:00AM	Staff meets and arrive for walk-through <i>Pauline Hamlette</i>	J.C. Penney Hall Entrance	
9:30AM-10:30AM	<b>REGISTRATION</b> <i>Annie Goldsmith, Pauline Hamlette, Rita Burns, Jon Carter, Robin Williams</i>	Aiton Auditorium	*McKinley Technology HS * Woodson Academy *HD Woodson HS *Potomac Job Corps *Saturday Program *NCCPUD Students *Jefferson MS *Browne MS
11:00AM-11:29AM	<b>WELCOME</b> <i>Pauline Hamlette</i>		
	<b>INTRODUCTION: “YELLOW DRESS”</b> <i>Elayne Bennett President and Founder</i>		
	<b>The Yellow Dress-Discussion</b> <i>Amie Cazel</i>		
11:30AM-11:45AM	<b>“Do You Know the Facts?”</b> <i>Presenters: DeAngelo Anderson, Hope Ajayi, Tori Dugger, Cameron Harris</i> <b>Sign Holders:</b> <i>Christopher Holness, Lauren Mauney, Tenena Grymes, Yobo Oviasogie</i>		
11:45AM-11:53PM	<b>Discussion</b> <i>Dr. Robert DuPont</i> <i>Founding President of the Institute for Behavior and Health, Inc., Author of “The Selfish Brain: Learning from Addiction”, and Professor of Psychiatry at the Georgetown University School of Medicine</i>		

**SATURDAY, FEBRUARY 26, 2011**

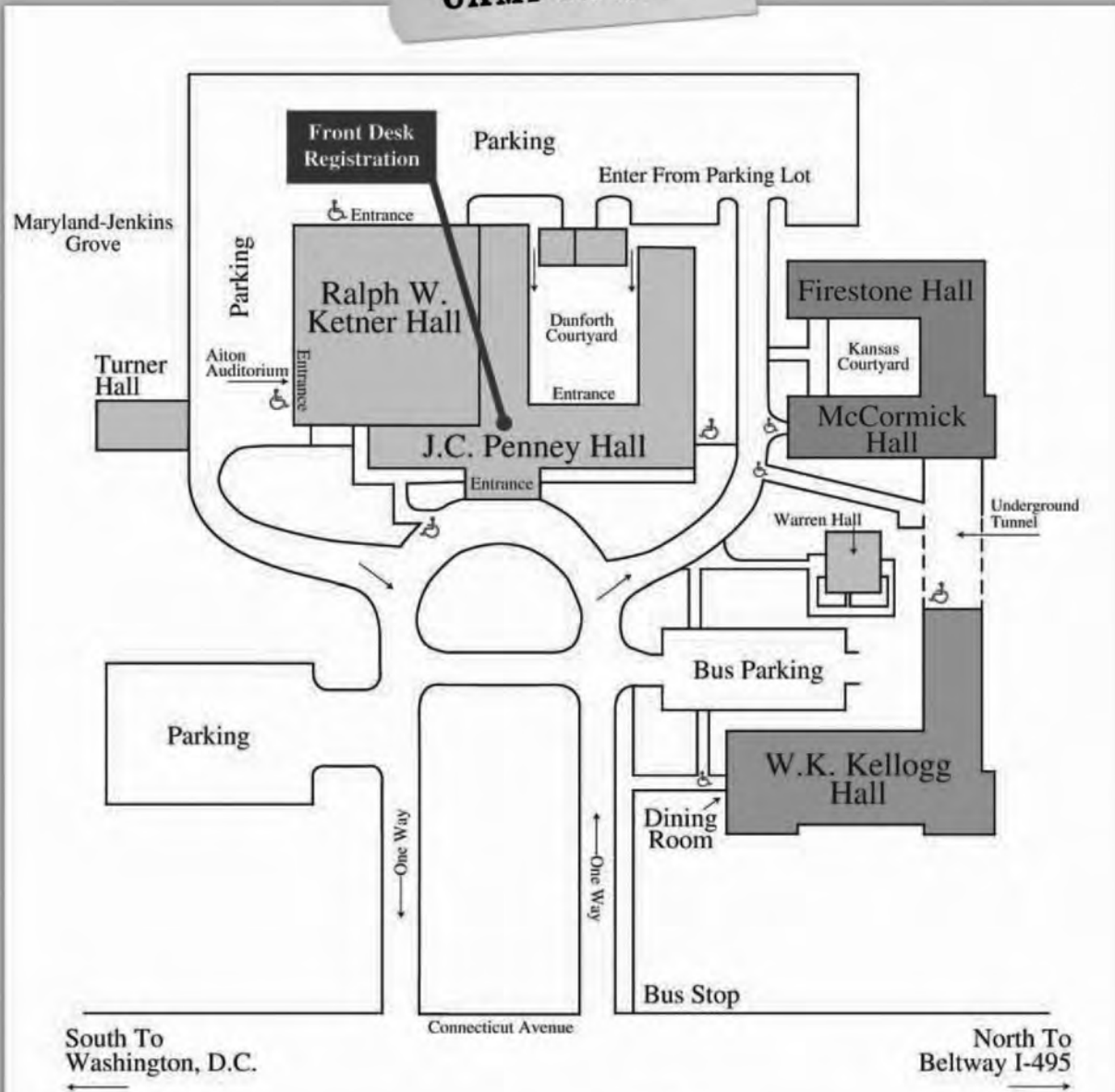
<b>11:53AM-12:00 NOON</b>	<b>Tommy Gets "Served!"</b> <i>Lesley Long &amp; Tommy Taylor</i>	<b>Aiton Auditorium</b>	
<b>12:01PM-12:05PM</b>	<b>"Love The Way You Lie"</b> *Dance Presentation <b>Special Guest:</b> <i>Sylvana Christopher Sandoz &amp; Gwoping Yang</i>		
<b>12:06PM-12:15PM</b>	<b>"Friends Have a Voice Too!"</b> <b>Lesley Long &amp; Tommy Taylor</b> <b>Students:</b> <i>Yaa Yaa Hunt, Jamal Childs, Brandon Artis, Mbachur Mbenga, Danny Johnson, Kevwe Ajueyitsi, Tenena Gryme</i>		
<b>12:16PM-12:19PM</b>	<b>"LUCKY I'M IN LOVE":VIDEO</b>		
<b>12:20PM-12:23PM</b>	<b>"Diamond Girl Theme Song"</b> <i>Choir Director &amp; Soloist: Robin Williams</i>		<i>Diamond Girl Leaders</i>
<b>12:24PM-12:30PM</b>	<b>"DRUG FREE ME"</b>		
<b>12:30PM- 1:15PM</b>	<b>LUNCH</b>	<b>KELLOGG HALL Cafeteria</b>	
<b>1:30PM-2:00PM</b>	<b>"Causing Pain"-Curriculum</b>  <b>GROUP A-Minnesota Room</b> <b>Presenter: Elayne Bennett</b> Jon Carter <b>Group B- Ohio Room</b> <b>Presenter: Mark Tatum</b> Rita Burns		
<b>2:00PM-2:15PM</b>	<b>DEPARTURE</b>		<i>RETURN TO BUS</i>

# NATIONAL 4-H Youth Conference Center

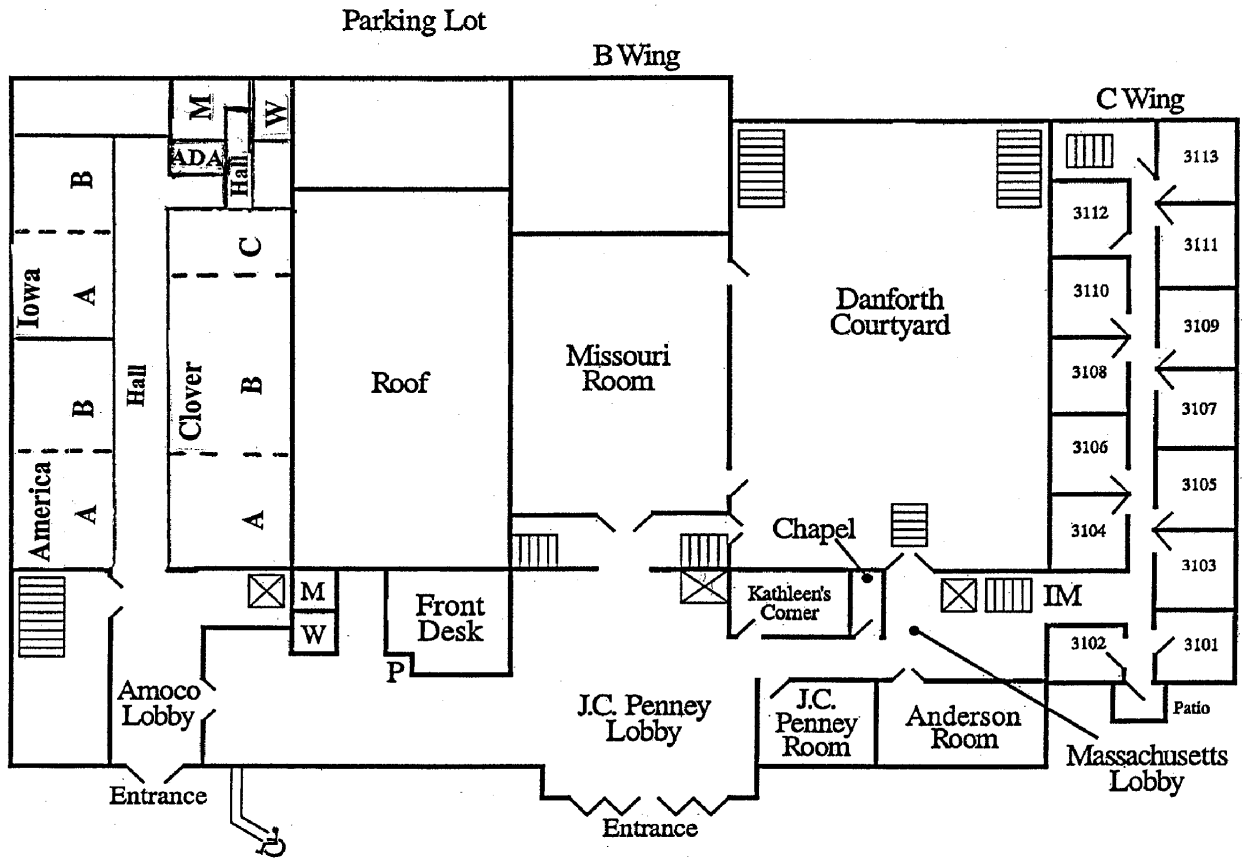
*Where Youth Stay at the Center of It All*



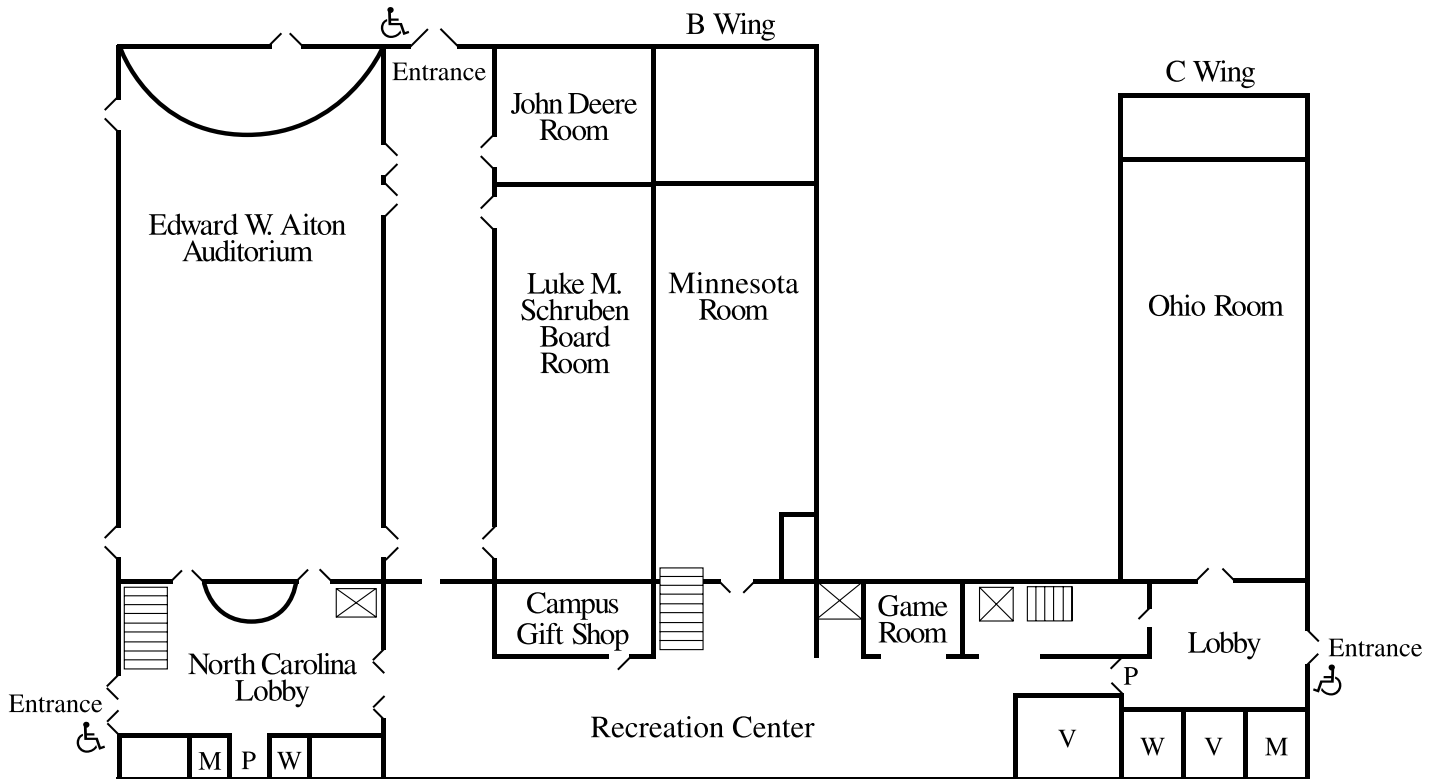
## CAMPUS MAP



# J.C. Penney Hall - Ground Level



# J.C. Penney Hall - Lower Level





# the yellow dress

Since 1995, hundreds of thousands of young people and adults around the country have witnessed the power of **The Yellow Dress**. Many are like Erin Sheehan who recently saw the show at a local high school:

*"The show was incredible. I was a victim of dating violence while in high school, and since then probably have not fully dealt with the past. Watching The Yellow Dress brought all those memories back, and though difficult-it proved to be a good sense of closure, understanding, an ability to accept what happened, and a chance at finally moving on. Now, I really want to spread the message — for I know that it occurs at UMASS, just as it did at my high school — but most people never speak up."*

**The Yellow Dress** is a dramatic one-woman play based on the stories of young women who were victims of dating violence. The carefully constructed program stimulates thought-provoking discussion about relationships — a topic important to every young person's life. Audiences are clearly moved by the story of a young woman who warmly tells us of her relationship — that begins as young love, full of passion and promise and ends in tragedy.

**The Yellow Dress** Program includes discussion guides and resource materials to help students and adults:

- recognize the early warning signs of abuse
- learn how to help friends/family members who are victims or perpetrators of abuse
- understanding the cycle of abuse
- how to utilize community resources

*The Yellow Dress* play was written by Deborah Lake Fortson and originally produced by Sydney Patton, who wrote the music.

*"...truly outstanding...a compelling portrait of the reasons we must address relationship violence in a comprehensive approach."*

Billie Weiss, Executive Director, Violence Prevention Coalition of Greater Los Angeles

*"Yellow Dress is a hard-hitting play that helps teens understand that excessive control is not a sign of love."* Charles Osgood, The Osgood File, featuring The Yellow Dress Program

*"For 45 minutes after (The Yellow Dress) play, we heard the low hum of conversation: no laughter, no off-task behavior.. an excellent list of discussion topics for facilitators."*

McNulty, Heller and Binet, *Confronting Dating Violence, Educational Leadership*

*"The most successful aspect was the after-effects...many disclosures were made by both victims and their friends. Abusers also asked for help."*

Brenda Sorenson, A Safe Place/Lake County Crisis Center, Waukegan, Illinois

by *Deana's Fund*

# BEST FRIENDS FOUNDATION

## VIOLENCE AND ABUSE PROTOCOL

### **Best Friends Foundation Mission Statement**

The Best Friends Foundation strives to provide a nationwide network of programs that is dedicated to the physical and emotional well-being of adolescents. It provides scientifically researched and developmentally sound curriculum designed for high school students. The Foundation promotes self-respect through self-control and provides participants the skills, guidance and support needed to avoid risk behavior that is destructive to relationships. In the spirit of true friendship, the Best Friends Foundation provides positive peer groups for adolescents and creates an environment that raises aspirations and promotes achievement.

### **Purpose of the Protocol**

The dating violence protocol was developed to ensure that the Best Friends Foundation will address dating violence in a comprehensive and appropriate manner. In 2005, the Teen Health “Am I in a Healthy Relationship” survey reports, 20% of American girls reported having been hit, slapped, or forced into sexual activity by their partners. Young men also experience violence, but they are much less likely to report. And 40% of all teens said they know someone at school who experienced dating violence.

### **Definition of Dating Violence**

Dating violence is any intentional sexual, physical or psychological attack on one partner by the other in a dating relationship.

### **Identifying and Responding to Dating Violence Issues**

We ask that all Best Friends Foundation replication sites coordinators and instructors be alert for the following signs that a teen may be involved in a relationship that is or has the potential to become abusive. When these changes happen suddenly, or without explanation, there may be cause for concern.

- Does the individual have unexplained bruises, scratches or injuries?
- Do you see signs that the individual is afraid of his/her boyfriend or girlfriend?
- Does the boyfriend or girlfriend lash out, or insult the individual?
- Has the individual's appearance or behavior suddenly changed?
- Has the individual stopped spending time with friends and family?
- Has the individual recently started using alcohol or drugs?
- Have you seen the boyfriend or girlfriend become abusive towards other people or things?
- Does the individual seem to have lost interest or to be giving up things that were once important? Has he/she lost interest in school or other activities?
- Does the boyfriend or girlfriend seem to try to control the individual's behavior, making all the decisions, checking up on his/her behavior, demanding to know who the individual has been with, and acting jealous and possessive?
- Does the individual apologize for the boyfriend or girlfriend's behavior to you and others? Has the individual casually mentioned the boyfriend or girlfriend's temper or violent behavior, but then laughed it off as a joke?
- Have you seen sudden changes in the individual's mood or personality? Is the individual becoming anxious or depressed, acting out, or being secretive? Is the individual avoiding eye contact, having “crying jags” or getting “hysterical?”

## Protocol

1. The Diamond Girl / Best Men Leadership School Coordinator is informed by or suspects that a student has experienced abuse or violence in the home or dating relationship from a boyfriend or a girlfriend.
2. Ask the student about his/her relationship.
  - a. Be specific about why you are concerned. (i.e. "I saw a boy push you hard. Is he your boyfriend? Why did he do that?")
  - b. If the student does not want to discuss this, encourage him / her to talk to a trusted adult (i.e. parent, school guidance counselor, Diamond Girl Leadership Coordinator / Mentor, or Best Men Leadership Coordinator / Mentor).
  - c. Give the student the National Domestic Violence Hotline number – **1-800-799-SAFE**.
  - d. If the student does want to talk, do not criticize or attack the abuser. Ask, "What can I do to help?"
  - e. The school coordinator must report the conversation to the school guidance counselor immediately. (Refer to step 3)
3. The Diamond Girl / Best Men School Coordinator immediately reports abuse and violence to the school guidance counselor and the school principal as it is their legal obligation as defined by the DC Law 2-22 (Child Abuse Act). The law states the following: School employees are directed not to try to resolve or investigate a suspected case of student abuse, violence, or neglect. Rather, an employee's legal obligation is to orally report such knowledge or suspicion to either the Metropolitan Police Department ("MPD") Youth Division, **202-576-6763**; MPD non emergency, **202-727-1010**; or, if a crime is in progress, 911, or the Child Protective Services Division of the Department of Human Services ("CPSD") **202-727-0995**. A written report is required if requested from MPD or CPSD, or if the abuse involves drug related activity.

[The law provided that any employee who willfully fails to make a report when he or she suspects student abuse, violence or neglect shall be fined or imprisoned for not more than 30 days, or both.]

**Note:** Best Friends Foundation replication sites follow the abuse and violence protocol as determined and adopted by their respective school systems.

# STOP THE SILENCE – PREVENT THE VIOLENCE



# Facts About Dating Violence

It's very likely that you or someone you know has been abused in a relationship. Dating violence isn't just physical. It can include mental/emotional abuse and sexual abuse. It can occur in casual dating or serious long-term relationships.

## **MENTAL/EMOTIONAL ABUSE**

Mental/Emotional abuse includes:

- Embarrassing you
- Put-downs
- Cussing
- Controlling you
- Making you feel bad about yourself
- Keeping you away from other friends and family

Threats of violence are abuse and should always be taken seriously.

## **PHYSICAL ABUSE**

Physical abuse includes:

- Hitting
- Slapping
- Punching
- Shoving
- Kicking
- Biting
- Hair-pulling
- Using a weapon against a boyfriend/girlfriend

Both teenage boys and girls report being victims of physical violence in relationships. Normally, boys and girls use physical force for different reasons and with different results. Teens usually act violently because they are angry; boys are much more likely to use force in order to control their girlfriends, while girls more often act violently in self-defense.

Teenage girls suffer more from relationship violence, emotional and physical. Teenage girls are more likely than boys to have serious injuries and to report being terrified. In contrast, boys seldom seem to fear violence by their girlfriends, often saying that the attacks did not hurt and that it was funny.

## **SEXUAL ABUSE**

Sexual abuse is forced or unwanted sexual activity or rape. It is sexual abuse to force or pressure someone to engage in sexual activity. Trying to engage in sexual activity with someone who is under the influence of drugs or alcohol is also sexual abuse. Girls in opposite-sex relationships are much more likely than boys to suffer from sexual abuse.


## **HOW FREQUENTLY DOES DATING VIOLENCE OCCUR?**

This is a difficult question to answer because some studies only ask about physical abuse, while others include questions about mental/emotional abuse and sexual violence. Past estimates of dating violence among middle school and high school students range from 28% to 96%.

One recent national survey found that 1 in 11 high school students said they had been hit, slapped, or physically abused in the past year. 1 in 11 students also reported that they had been forced to have sexual intercourse when they did not want to. 96% of teens report mental/emotional abuse in their dating relationships.

# What You Can Do

## KNOW THE EARLY WARNING SIGNS

- You are pressured to make the relationship very serious or to have sex early in the relationship. 
- Extreme jealousy and possessiveness, saying these emotions are signs of love.
- Controlling you and forcefully making all decisions where the two of you are concerned.
- Refusing to consider your point of view or desires.
- Keeping you from spending time with close friends or family.
- Verbal abuse, including yelling, cussing, manipulation, spreading rumors and making you feel guilty.
- Drinking too much or using drugs and then blaming the alcohol and drugs for his/her behavior.
- Threatening physical violence. Previous abuse of a boyfriend/girlfriend or defending violence by others.

If you're in a relationship that in any way feels uncomfortable, awkward, tense or even scary, trust your feelings and get out. It could become, or may already be, abusive.

Always remember: You have every right to say no! No boyfriend or girlfriend has the right to tell you what you can or should do, what you can or should wear, or what kind of friends you should have.

## IF YOU ARE IN A VIOLENT, OR POTENTIALLY VIOLENT, RELATIONSHIP, DO THIS:

Make a safety plan and get help. Talk with someone you trust: a teacher, guidance counselor, doctor, friend or parent. Contact the police or a local domestic violence center or call the **National Domestic Violence Hotline at (800) 799-SAFE**. Realize that violence will not just stop or go away. You cannot change your boyfriend/girlfriend by changing your behavior. You are not responsible for the abuse. Your boyfriend/girlfriend may need counseling or other help to change.

## WATCH FOR FRIENDS WHO ARE ABUSED




Friends in abusive relationships may:

- Change their clothing or makeup.
- Lose confidence in themselves.
- Have difficulty making decisions.
- Stop spending time with you and other friends.
- Receive failing grades or quit school activities; and
- Turn to using alcohol or drugs.

If you think a friend is in an abusive relationship, try asking them:

- "You don't seem as happy as usual – are you okay?"
- "Is there anything you want to talk about?"

This indirect approach may prompt your friend to reveal what's wrong. Listen without judging, condemning, or giving unwanted advice. If a friend wants help, suggest that he or she take the steps listed above in order to find help. If you believe your friend is in serious danger, tell an adult you trust immediately. Do not try to "rescue" your friend and try to handle the situation on your own. 

**TAKE ACTION IF YOU SUSPECT THAT SOMEONE YOU KNOW IS BEING ABUSIVE.**

If you feel you are not in danger, talk to the person about his or her use of violence. Make sure that the person understands that it is both wrong and illegal. If the person is ready to make a change, help him/her get help.

**IF YOU ARE HURTING SOMEONE ELSE, HAVE THE COURAGE TO GET HELP!**

No matter what the other person does to provoke you. No matter how justified you feel. No matter what your friends do. It is never okay to harm someone else. Remember that violence is illegal and can land you in jail. You can learn new ways to:

- Deal with your anger
- Fight fair
- Communicate better
- Give and get love in relationships

Don't let shame or fear stop you. Talk to a parent, teacher, religious leader, doctor, nurse or guidance counselor immediately.

Or, call the National Domestic Violence Hotline at **(800) 799-SAFE**. They can direct you to individuals and groups in your community who can help you to make a change.



**HELP EDUCATE OTHER TEENS ABOUT DATING VIOLENCE**

Counsel peers, staff a hotline, or speak to classes about the signs of an abusive relationship and where to find help. Encourage your church or school to develop programs to educate teens about dating violence, and work to make sure that there are resources for abused teens in your community.

National Domestic Violence Hotline  
**(800) 799-SAFE**



The Dibble Institute  
P. O. Box 7881  
Berkeley, CA 94707-0881  
1-800-695-7975  
[www.dibbleinstitute.org](http://www.dibbleinstitute.org)

*Information provided by the Dibble Fund with permission from the National Youth Violence Prevention Resource Center. For additional information, please visit [www.safeyouth.org](http://www.safeyouth.org).*

# Best Friends Theme Song

1st Verse

As You Walk This Road  
You Will Feel The Load  
Of Responsibility Beyond Your Years  
Keep Your Wits In Tow  
'Cause Inside You Know  
What To Do to Keep Your Dreams Alive



Chorus

**Don't Give In To Wisdom From The Crowd  
When They Pull You Down, Just Listen To...**



**Best Friends, Best Friends, Best Friends, Best Friends,  
Best Friends, Best Friends, Best Friends, Best Friends**

2nd Verse

Don't You Believe That Lie  
"Sex Is The Same As Love"  
You've Got Your Life To Wait Until The Time Is Right  
Love Starts With Self-Respect  
No One Can Give You That  
Listen To The Voice That Says "Wait 'Til It's Time..."

Chorus

**Don't Give In To Wisdom From The Crowd  
When They Pull You Down, Just Listen To...**

**Best Friends, Best Friends, Best Friends, Best Friends,  
Best Friends, Best Friends, Best Friends, Best Friends**

3rd Verse

You're Only A Teen One Time  
Make It A Special Time  
Save Your Growing Up For The Life Ahead Of You  
Reach Out To A Friend  
You Won't Be Alone, And Then  
With Your Friends You'll Walk That Road With Pride



Chorus

**Don't Give In To Wisdom From The Crowd  
When They Pull You Down, Just Listen To...**

**Best Friends, Best Friends, Best Friends, Best Friends,  
Best Friends, Best Friends, Best Friends, Best Friends**

*Richard Lehfeldt*

# Diamond Girl Theme Song

Diamond Girl — You Sure Do Shine  
Glad I Found You — Friend Of Mine



Yes, Girl — You're Like A Precious Stone  
And With Best Friends — You Are Not Alone



Makes No Difference — Where You Are  
Day Or Night Time — You're Like A Shining Star

**Yes, We Are Shining — Diamond Girls  
Getting Ready — To Step Into The World**

Diamond Girl — Shining Bright  
Diamond Girl — Doin' Right

You Are My Best Friend — So True  
I Know I Can Always — Count On You

Can't You See — The Friendship Here  
We're Together — In Laughter And In Tears



**Yes, We Are Shining — Diamond Girls  
Getting Ready — To Step Into The World**



# *Drug Free Me*

**When you look at me, what do you see?**

**A DRUG FREE ME!**

**When you look at me, what do you see?**

**A DRUG FREE ME!**

**Drug Free...**

**A DRUG FREE ME!**

**Drug Free...**

**A DRUG FREE ME!**

**Clear head, clear mind**

**Drug free, I'm fine!**

**Clear head, clear mind**

**Drug free, I'm fine!**





# Traits of a Leader

**leader:** *n. one who guides or is in command; one in a position of influence or importance; a role model.*

- ♥ **A Leader is honest and fair.**
- ♥ **A Leader listens and asks questions.**
- ♥ **A Leader develops a plan.**
- ♥ **A Leader has courage.**
- ♥ **A Leader has vision for the future and sets long term goals.**
- ♥ **A Leader sets objectives and follows them through to completion.**
- ♥ **A Leader can be assertive when needed.**
- ♥ **A Leader treats others with respect and dignity.**
- ♥ **A Leader admits to a mistake and takes responsibility for his or her actions.**
- ♥ **A Leader hears a problem and creates a solution.**
- ♥ **A Leader has integrity and can be trusted.**
- ♥ **A Leader inspires and motivates others to take action in pursuit of the common good.**





# Leadership creed



## **Eagle: Foresight for the future**

I will learn from my mistakes and strive to be a better person.  
I will study and work harder to reach my goals.



## **Lion: Strength and Courage**

I have not succeeded until I help someone else succeed.  
I will be enthusiastic and ready to learn when I come to school.  
I will be brave in facing life's challenges.



## **Anchor: Stability**

I will control my actions, my emotions, and my words.  
I will be ethical with my deeds and actions.



## **Gavel: Truth and Justice**

I will take responsibility for everything I do.  
I will be tolerant of those around me.  
I will always be honest with myself.

I am a leader, a winner, and greatness is my destiny.



"It's never too late. No matter what mistakes you made in the past, I learned that you don't have to be stuck in your ways. You always have the option and opportunity to change and do better for yourself."

*Yaayaa Hunt, Senior, Anacostia High School*



"Honor! Integrity! Power! Knowledge! Respect! These are the values that have been instilled in us by Best Men Leadership. Do not relapse – do not go back! We have knowledge. Knowledge is power and it shall protect us."

*Christopher Holness, Senior,  
McKinley Technology High School*



"This program means a lot to me. It's the foundation for my leadership skills, the principles I live my life by and the guidelines to a better future. Best Men Leadership gives young males a support system they can trust in and believe in as well as relate to."

*Julian Mujihad, Senior, McKinley Technology High School*



# Best Friends Foundation Dating Violence Prevention Seminar

- More than 60% of children surveyed were exposed to violence within the past year.<sup>2</sup>
- 30% of youth, nationally, are estimated to be involved in bullying either as a target or as a bully.<sup>3</sup>
- Children who are exposed to (physical and emotional) violence may undergo lasting physical, mental, and emotional harm. They may be more prone to dating violence, sexual activity, substance abuse, delinquency and further victimization.<sup>4</sup>
- One out of every 10 high school students has been a victim of dating violence. Nearly 80% of girls who have been physically abused in their intimate relationships continue to date their abuser.

2. US. U.S. Department of Justice. Office of Juvenile Justice and Delinquency Prevention. *Juvenile Justice Bulletin*. October ed. 2009. Print.

3. "School Bullying and Teasing Statistics Teen Bully." *Family First Aid*. Web. 27 Sept. 2010. <<http://www.familyfirstaid.org/bullying.html>>.

4. US. U.S. Department of Justice. Office of Juvenile Justice and Delinquency Prevention. *Juvenile Justice Bulletin*. October ed. 2009. Print.

*24 Years of Serving Youth*

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